



# Eligible Product/Service List

Note: In March of 2020, legislation was passed that made two changes to eligible expenses for FSA and HSA accounts. 1) removal of the prescription (letter of medical necessity) requirement for over-the-counter (OTC) Drugs and Medicine (those products with **an active drug ingredient**)\* and 2) the inclusion of menstrual care products on the eligible expense list. \* this means that items such as vitamins and supplements, typically used for general health maintenance still require a statement from a physician indicating that they needed to treat a medical condition. Pre-natal vitamins and glucosamine are allowed without a prescription/letter of medical necessity.

<p><b>ACCEPTED – NO RX REQUIRED.</b> <i>This is not an exhaustive list. As a general rule only OTC products with an active drug ingredient are eligible without a Rx or letter of medical necessity.</i></p>	
<p>Acid Controllers Acne Medications Allergy&amp;Sinus Medications Antibiotic products Anti-Diarrheal products Anti-fungal (foot) Anti-itch &amp; Insect bite remedies Antiparasitic Treatments (e.g. lice treatment) Antiseptics &amp; wound cleaners Baby Electrolytes/dehydration treatment Baby rash ointments and creams Baby teething pain relief gels Cold Sore remedies (medicated) Compression Socks Contraceptives Cough, Cold and Flu medications Denture pain relief treatments Denture care products (adhesives, cleaners) Denture repair products/services Diabetes care Diagnostic products (test kits, thermometers) Ear care (medicated ear drops) Eye drops Feminine antifungal (e.g. Monistat) Fiber Laxatives (does not include fiber bars and drinks to promote digestion and regularity) First Aid Creams (medicated) Foot Care treatments Hemorrhoid creams/treatments</p>	<p>Health support (bandages, braces etc for medical reasons) Hearing aid batteries Hot/Cold packs Homeopathic Remedies Incontinence supplies (including juvenile and adult diapers) Laxatives Lip Balms (when used to prevent cancer) Motion Sickness treatments Medicated Nasal sprays Menstrual Care products Mouth Guards (not sports related) Nasal Moisturizers and Washes Nasal Strips/Snore Relief Prenatal Vitamins Reading Glasses Rogaine Sleep Aids Smoking Cessation products Sunscreen TENS Wart remover/treatment</p>

**Dual Purpose:** requires Rx or letter of medical necessity. This is not an exhaustive list. As a general rule, OTC items that are medicated will not require additional support from a health care professional. OTC treatments and products/services that have more than one use will require a letter of medical necessity.

Allergy Pillows, Mattress, etc  
Antibacterial hand sanitizer  
Baby Diapers (when used for juvenile incontinence)  
Baby Formula (only specialty)  
Cold/Flu dietary supplements (when primary purpose is to boost or support immune system they are not medically necessary)  
Diabetes Nutritionals  
Diabetic Personal Care items  
Ear Plugs  
Exercise equipment  
Face/Respiratory mask  
Dietary supplements (used to treat disease)  
Massage  
Medicated soaps  
Nutritional support  
Probiotics  
Therapeutic hand/body lotions  
Therapeutic shampoo/scalp treatment  
Vitamins and Minerals  
Weight loss/control supplements

**Ineligible product/services.**

Baby toiletries (oil, lotion, powder)  
Beauty Shampoo/ conditioner  
Cosmetics  
Deodorant  
Facial cleaner  
Feminine Cleansing products  
Foot grooming tools/equipment  
Food  
Hand/body soap and lotion  
Hair removal products  
Oral Care products including toothpaste, toothbrush, mouthwash  
Shaving products  
Skin care products  
Sports drinks  
Sugar/salt substitutes  
Tanning lotion