

Over-The-Counter (OTC) Item List

Accepted (without doctor's prescription): OTC Equipment & Supplies, Diabetic Items, Vision & Dental OTC

OTC Drugs & Medicines: Requires doctor's prescription, letter, or SuperiorUSA's Medical Necessity Form (submitted with the claim or on file for the current plan year), to be eligible. These expenses are also no longer valid for debit card use.

Band-Aids and bandages
Blood pressure meter
Cholesterol tests
Cold or hot packs
Colorectal cancer screening tests
Contact lens solution and cleaner
Contraceptives
Crutches and slings
Diabetic supplies and lancets
Diabetic test strips
Ear protection (i.e. airplane plugs)
First aid kits
Glucose meters
Incontinence supplies
Insulin and syringes
Ovulation indicators
Oxygen equipment
Pregnancy tests
Reading glasses
Thermometers
Wrist and joint supports

Acid reducers
Acne medications
Allergy medications
Analgesics
Antacid liquid and tablets
Antibiotics (i.e. for first aid)
Anti-diarrheal medications
Antifungal treatments
Antihistamines
Anti-inflammatory medicine
Antiseptic wash or ointment
Arthritis and joint pain reliever
Asthma medications
Boric acid powder
Bronchodilator/expectorant tablets
Bunion and blister treatments
Cold and flu relief syrup and tablets
Corn, callus, and wart removal
Cough syrup, lozenges, spray
Decongestants
Diaper rash ointment

Diuretics and water pills
Ear wax removal and other drops
Gas relief drops and supplements
Hemorrhoid relief
Hydrog. peroxide and rubbing alcohol
Insect bite/sting medicine
Iodine tincture
Itch relief
Laxatives
Lice control
Medicated chest rub
Motion sickness tablets
Nicotine medications
Pain relievers, aspirin, and non-aspirin
Pinworm treatment
Prilosec
Sinus medications
Skin irritation and eczema treatments
Sleep medication
Stomach medications
Sunburn and burn treatments

Disallowed Expenses: (Not Eligible)

Aromatherapy
Baby supplies (diapers, bottles etc.)
Breast enhancement systems
Breast pumps
Cosmetic surgery
Cosmetics and lipstick
Cotton swabs
Diet foods and supplements
Feminine hygiene
Funeral expenses
Hair growth and removal
Maternity clothes
Oral hygiene products (basic care)
Shampoo and conditioner
Skin and facial care
Teeth whitening and bleaching
Toiletries (deodorant, shave cream, etc.)
Vitamins, general

Dual Use Expenses: (Need letter or Form)

Acne treatments
Chondroitin
Exercise equipment
Eye drops
Fiber supplements
Foot spa
Glucosamine
Herbs and herbal supplements
Hormone therapy
Lactose intolerance pills
Lotion
Massage treatments
Orthopedic shoes/inserts
Sleep aids
St. John's Wort
Sunscreen
Vitamins and minerals
Weight loss programs